



# LWVBC HEALTH & WELLNESS COMMITTEE

**JUNE 28, 2022**

Charlotte Dickson, Village Movement CA Director

Carol Kitabayashi, Village Movement CA & Westside Pacific Villages Board Member



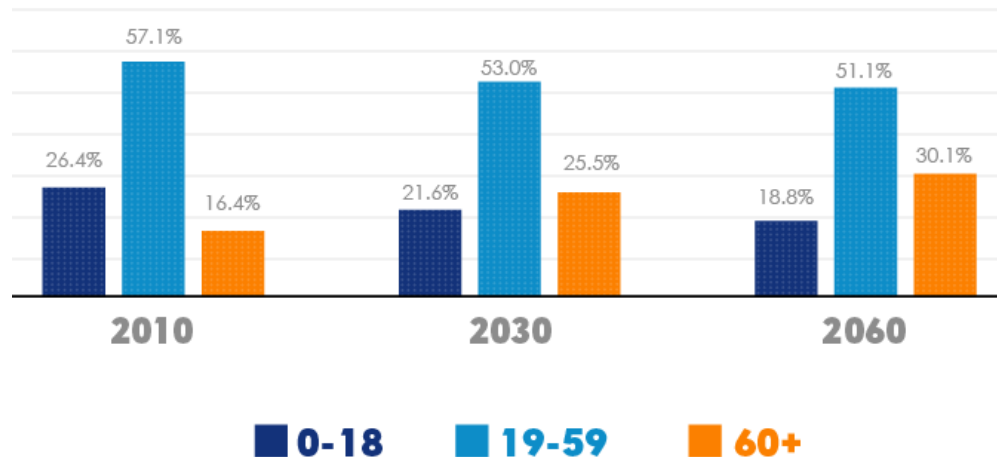
# THE LANDSCAPE OF CALIFORNIA IS CHANGING

Presenter Notes  
2022-06-21 14:03:30

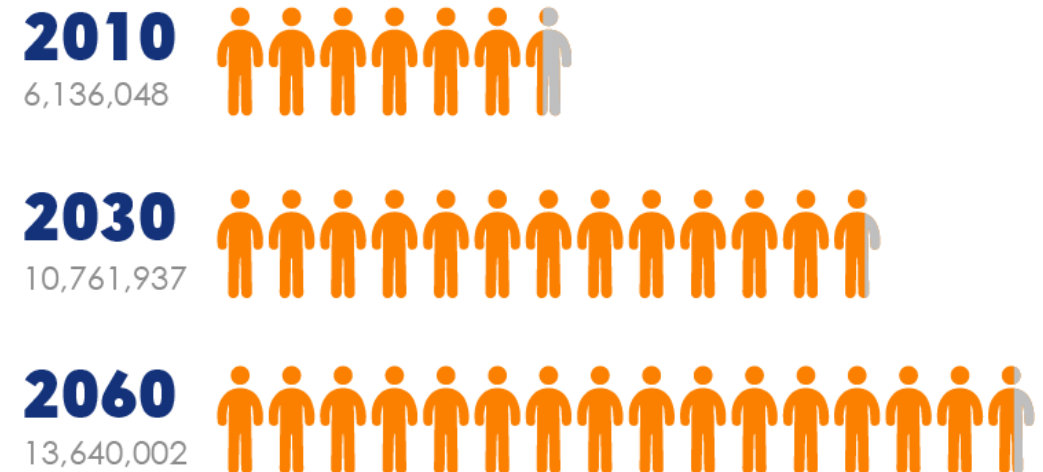
Data is showing by 2030, 10.8 million Californians will be an older adult, making up one-quarter of the state's population.

## By 2030, Californians 60 and Over Will Comprise One-Quarter of the Population

Distribution of the CA population by age group, by year

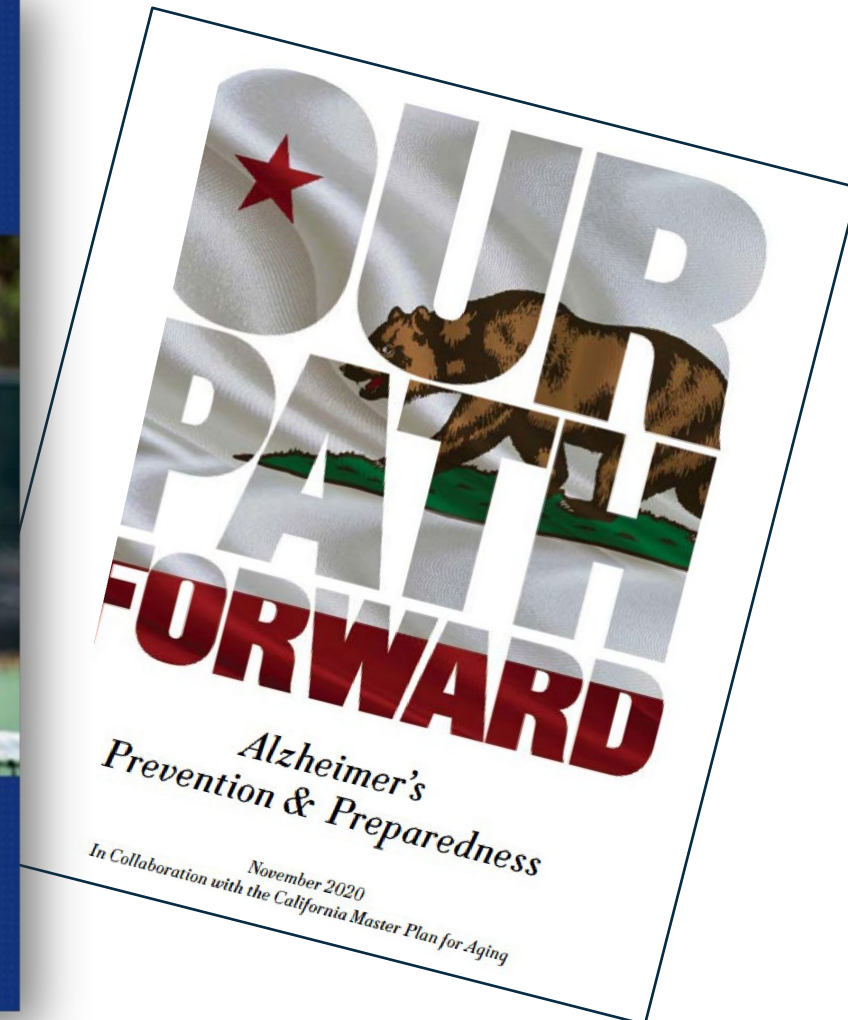


Number of Californians age 60+ by year



Source: CA Department of Finance

# MASTER PLAN FOR AGING: STAKEHOLDERS SET PRIORITIES





# MASTER PLAN FOR AGING: FIVE BOLD GOALS FOR 2030

Presenter Notes  
2022-06-21 14:03:30



**Goal 1:**  
Housing for All Ages  
and Stages



**Goal 2:**  
Health Reimagined



**Goal 3:**  
Inclusion and Equity,  
Not Isolation



**Goal 4:**  
Caregiving that Works



**Goal 5:**  
Affording Aging



# MPA GOAL #3, INITIATIVE 90

*Promote and adopt “Village Models” for older adult volunteerism and services, building on the strengths of California’s diverse communities.*

# MODERATE & MIDDLE INCOME OLDER ADULTS

## ELDER CARE

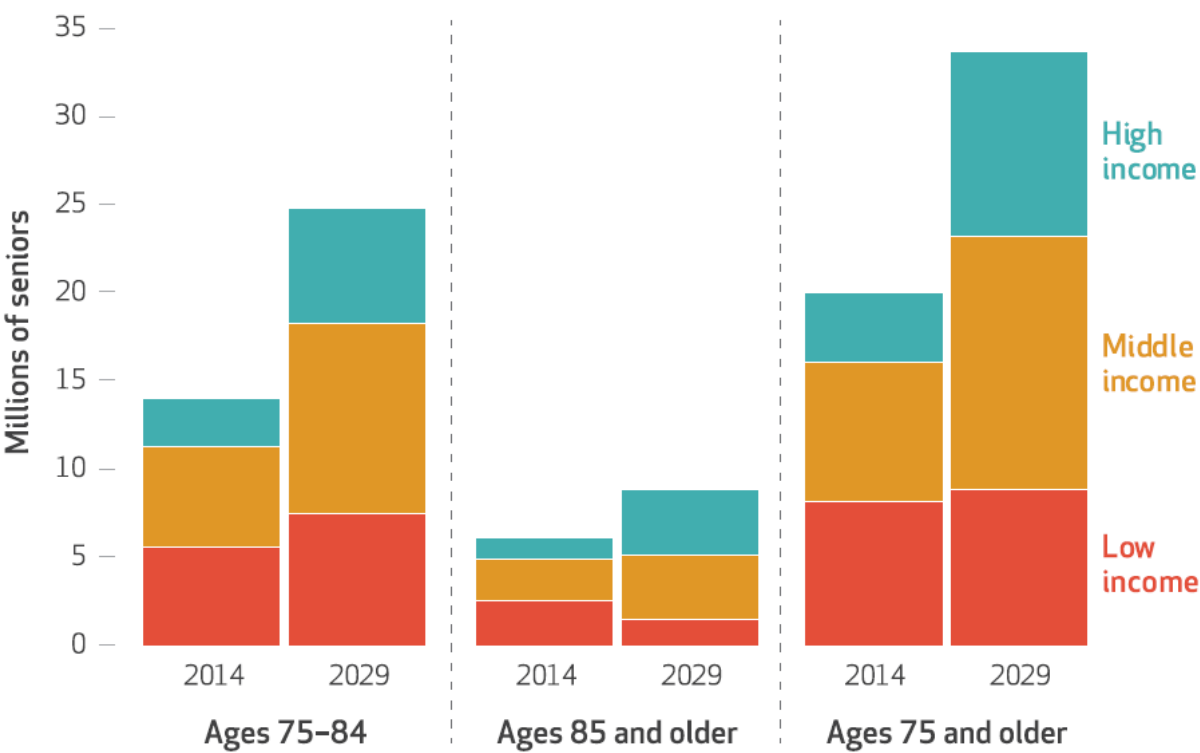
By Caroline F. Pearson, Charlene C. Quinn, Sai Loganathan, A. Rupa Datta, Beth Burnham Mace, and David C. Grabowski

# The Forgotten Middle: Many Middle-Income Seniors Will Have Insufficient Resources For Housing And Health Care

**DOI:** 10.1377/hlthaff.2018.05233  
HEALTH AFFAIRS 38,  
NO. 5 (2019): –  
©2019 Project HOPE—  
The People-to-People Health  
Foundation, Inc.

# MODERATE & MIDDLE INCOME OLDER ADULTS

Sizes of the senior population, by age and income in 2014 and 2029





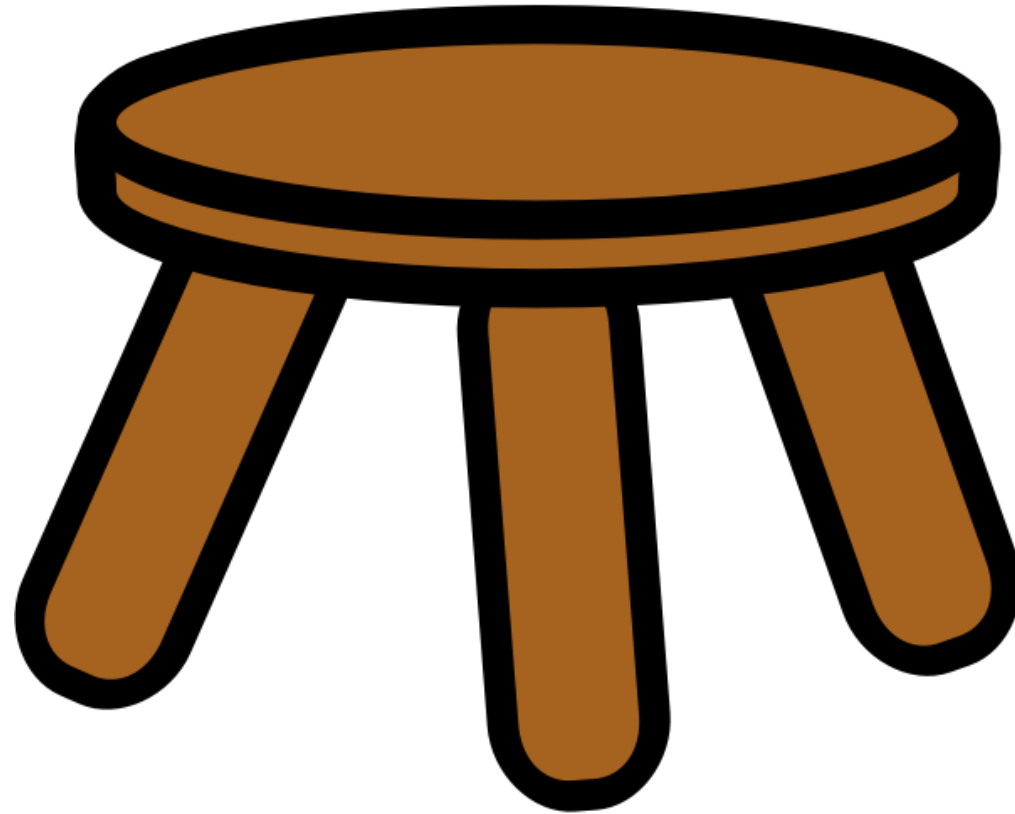
# VILLAGES ARE . . .

- Intentional, caring **communities** led by older adults
- Provide **connections**, **supports** and **expertise** to help members maintain independence as they age

AGING. BETTER.







AGING. BETTER.



# PRO-SOCIAL PROGRAMMING

- Members lead
- Educate, socialize, create
- Build friendship and connection

# VOLUNTEER BASED SUPPORTS

- **Social determinants of health**
  - **Social connection**
  - Transportation
  - Technology Support
  - Fall Risk Reduction
  - Grocery Shopping
  - And more!
- **Independent Activities of Daily Living**



# RESOURCES AND REFERRALS

- Screened services and vendors
- Known by villagers
- Warm links

# WESTSIDE PACIFIC VILLAGES



AGING. BETTER.



# PARTNERS ARE IMPORTANT



AGING. BETTER.

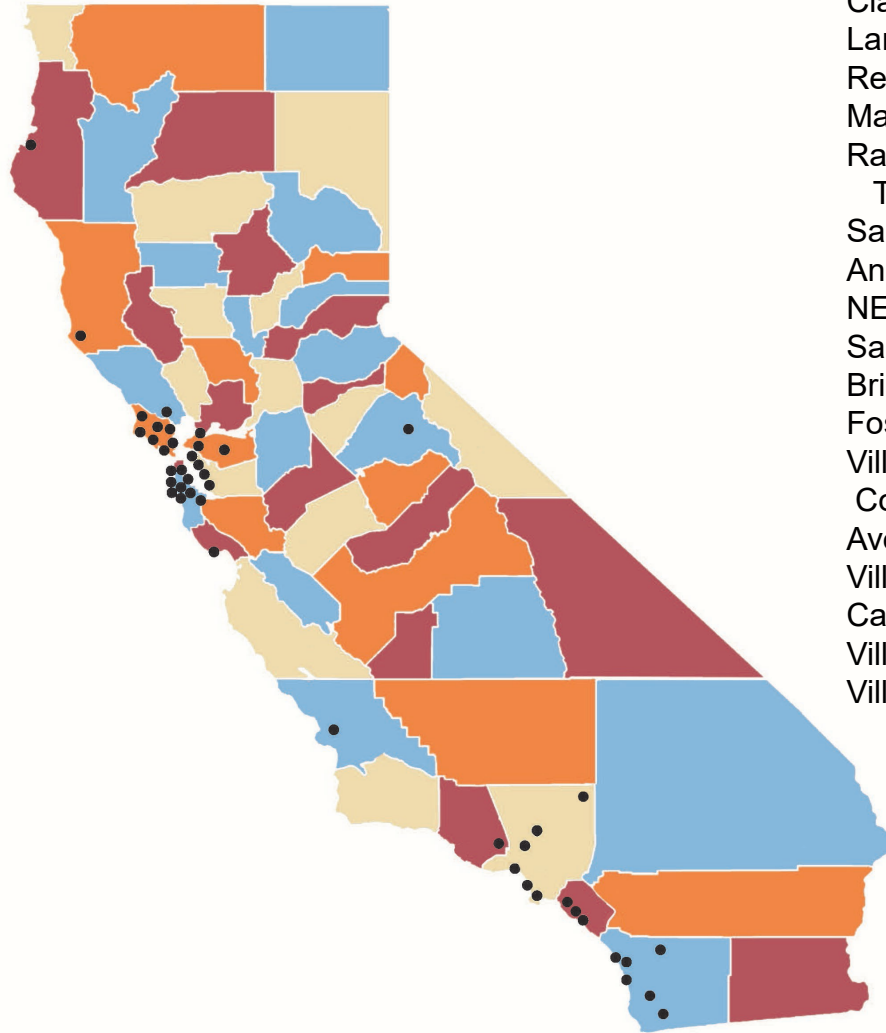




# VILLAGE MOVEMENT CA MEMBERS

## Southern CA

AgingNext Village  
ChaiVillageLA  
Palos Verdes Peninsula Village  
Pasadena Village  
South Bay Village  
Westside Pacific Villages  
Care Connections Network  
San Clemente Village  
City Heights Village San Diego  
North County Village  
Serra Mesa Village  
Tierrasanta Village  
SLO Village  
Conejo Valley Village  
Kern Valley Village



## Northern CA

Ashby Village  
Eden Area Village  
Greater Niles Village  
Hotel Oakland  
Clayton Valley Village  
Lamorinda Village  
Redwood Coast Village  
Marin Villages: Mill Valley, Ross Valley, Tiburon, San Rafael,  
Twin Cities, Novato  
Sausalito Village  
Anderson Valley Village  
NEXT Village San Francisco  
San Francisco Village  
Brisbane Village Helping Hands  
Foster City Village  
Villages of San Mateo County: Sequoia , Mid-Peninsula, Coastside  
Avenidas Village  
Village Santa Cruz County  
Carquinez Village  
Village Network of Petaluma  
Village Sonoma Valley



**Village Movement California envisions a society where all stages of life offer meaningful opportunities for growth, connection, and joy; where people of all backgrounds and economic means can age with dignity, purpose, and self-determination.**

# Growth Impact Sustainability







# THANK YOU & QUESTIONS

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**[HTTP://VILLAGEMOVEMENTCALIFORNIA.ORG](http://villagemovementcalifornia.org)**